

August 2019 Pressure Relief Report:

It has been a relatively quiet month as I prepare to attend Montreal. I have had contact with many members around the country.

Whenever I get a call from a member of Gamblers Anonymous I ask them to have their SPONSOR call me and go over any questions they might have concerning Pressure Relief Meeting.

I have been in touch with Boston, Maine, Rhode Island, New York, Ohio, Texas and others.

We have 26 Gamblers Anonymous rooms in Conn. and at intergroup meetings I talk about Pressure Relief and how it is not just about money. any legal, financial, or personal pressures they have.

There are many finance companies, asking if you owe more than \$10,000, call us to consultate with them, GA has the greatest repayment plan regarding gambling debts.

Please have anyone needing help to contact me. Jricci1939@aol.com Thanks John R chair ISO