

## Pressure Relief Committee

### Purpose

To provide leadership and support throughout Gamblers Anonymous by coordinating, educating, training and clarifying the Pressure Relief Group Process that will aid in fostering an atmosphere of continuity, cohesiveness and unity as well as understanding within our Fellowship which will bring about an alleviation of pressures for our Members and thus strengthen and empower Members, Groups and Gamblers Anonymous as a whole.

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Board of Trustees Chair Liaison: André G.

Chair of the Committee: John R. - Area 17

Use this email address to contact the Chair of this committee

[committee.pressure@trusteewebsite.com](mailto:committee.pressure@trusteewebsite.com)

The committee is open to additional members who would like to be involved with this process.

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Committee members are listed below, as of 6/27/17

Name	Area
Ara H.	1
Beth Z.	2
Cheryl R.	2E
John R.	17
Mike H.	17
Ron W.	17

### Committee Report – June 2017

A new chairman was appointed in Cherry Hill and since, he has contacted every member of the committee to know if they still wanted to be part of the committee. The first four members whose names appear above have accepted to serve on the committee and 2 new members have been added. There are 5 members who are still to confirm their service with the committee or not. Every member who was contacted was asked to submit their vision of the committee, new ideas or proposed changes.

The committee has also offered to present a workshop during the fall Conference in Ontario, CA in October and is waiting for a reply from the organising committee.

John R.

Area 17, Committee chair