

**BOARD OF REGENTS  
MEETING MINUTES OF NOVEMBER 19, 2022**

**Call to order:** The Chair, Valerie D., called the meeting to order at

9:30A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

**Roll call was taken by the secretary, Guy H.**

Present: Cathy F., Guy H., Jo K., John C., Valerie D., Zach M., Israel A.,  
Office Manager, and guest, Wendy B.

Present by phone: Andre G., Arnie B., Gary M., and KC B., International Executive  
Secretary

**A. Operating Statement for October 2022:**

A motion was made to approve the October 2022 Operating Statement as written.

**MOTION SECONDED AND PASSED**

**FOR – 9                      AGAINST – 0                      ABSTAINED – 0**

**B. Minutes for October 15, 2022:**

A motion was made to approve the minutes as written:

**MOTION SECONDED AND PASSED**

**FOR – 9                      AGAINST – 0                      ABSTAINED – 0**

**OLD BUSINESS**

**A. Office Manager Report – Israel A.**

- Lifeliners – two, CA-1 / FL-1
- New Cans – none
- Group Information requests forms received – none
- Group Information request forms received prior to sending out starter kits – five  
Starter Kit was sent out to: Little Rock, AR / Lowell, MA / Chester, PA / Memphis, TN /  
Calgary, AB
- Prison starter kits – none
- Venmo and Zelle donations were \$2,018.76: Groups \$706.30, 1x Donations  
\$392.80, LL Donations \$475.00, I.S.O. Cans Contributions \$123.66, Gratitude  
Week \$146.00, Hot Line \$25.00, Intergroups \$150.00.
- Annual Audit Update – The audit was filed electronically, and all went well.
  - It was noted that several items for FYE 6/30/2022 were one-time  
expenses.
- The Employee Retention Credit (ERC) paperwork is in progress.
- The new Blue Book is being finalized and will be printed in the Spring of 2023.
  - A question was raised if the B.O.T. Literature Committee  
reviewed/proofread this new version. The Chair stated that the  
B.O.R. would be proofreading this version.

- Gratitude Week – Donations are over \$15k +.

**B. International Executive Secretary Report – KC B.**

- October bulletin finished and sent to formatter and printer.
- Attended Fall 2022 B.O.T. meeting. First draft of minutes completed and sent to Trustees for 30 day review on 11/18/2022. Changes, corrections, and clarifications should be received before 12/19/2022.
- Project started to gather electronic versions of all literature in case the I.E.S. needs to make changes and updates if our printers cannot.
- Reaching out to bulletin formatter to learn about the process. Also researching software for formatting.
- November bulletin started and should be finished before the holidays as soon as information is received from the I.S.O.
- Started looking into travel costs for Spring 2023 B.O.T. meeting.

**C. By-Laws Committee Report – Jo K.**

- The committee did not meet this past month.
- There are currently only two B.O.R. members on the committee.
- It was stated that committee members can be former members of the B.O.R.
- Cathy F. stated that she would join the By-Laws Committee and resign from the Finance Committee.

**D. Finance Committee – John C.**

- The committee has had two meetings since the B.O.R. meeting in November. Topics discussed included:
  - Suggestions for updated literature pricing.
  - Adding PayPal as method to make donations to the I.S.O.
  - Office expenses.
  - Suggested Literature list that is used in Canada to increase sales.
  - Options for 6 month Chase bank CD maturing 11/18/2022.

**E. Literature Pricing – Arnie B. and Andre G.**

- Arnie B. presented a list of 21 pieces of literature and items in our inventory that are considered slow movers with a proposal to reduce the prices on these specific items.
- It was suggested that the Blue Book that is being updated possibly be included in the list of discounted items.
- It was suggested that a “sale” flyer be prepared to make the membership aware of these discounted items. The flyer could be included with current orders and could be sent to the Trustees as well. Information on these sale items could be added to the I.S.O. website.

A motion was made to accept the updated prices on the slow moving items as submitted and for the new prices to be effective 1/1/2023:

**MOTION SECONDED AND PASSED**

**FOR – 9**

**AGAINST – 0**

**ABSTAINED – 0**

- Andre G. presented a list of the remaining literature and items with a proposal to increase prices by 10% rounded up to the nearest quarter dollar.
- There are also a few items where the prices would be rounded and capped.

A motion was made to accept the new pricing list as submitted and for the new prices to be effective 1/1/2023:

**MOTION SECONDED AND PASSED**

**FOR – 8**

**AGAINST – 1**

**ABSTAINED – 0**

Roll Call vote follows:

Andre G. – yes  
Arnie F. – yes  
Cathy F. – yes  
Gary M. – no  
Guy H. – yes  
Jo K. – yes  
John C. – yes  
Val D. – yes  
Zach M. – yes

**F. B.O.R. Chair Expenses for Cancun B.O.T. Meeting.**

- The Chair submitted an itemized list of expenses requesting a reimbursement which totaled out to be \$968.21.
- The B.O.R. had previously approved these expenses up to \$1,200.00.

A motion was made to accept the B.O.R. Chair expenses reimbursement request for the Cancun B.O.T. Meeting in October 2022.

**MOTION SECONDED AND PASSED**

**FOR – 9**

**AGAINST – 0**

**ABSTAINED – 0**

**G. I.E.S. Expenses for Cancun B.O.T. Meeting.**

- The I.E.S. submitted an itemized list of expenses requesting reimbursement.
- The I.E.S. has an approved budgeted amount of \$2,000.00 for two (2) B.O.T. meetings from July 2022-June 2023.
- The Chair stated that the I.E.S. expenses are approved.

**NEW BUSINESS**

**A. REVIEW EMPLOYEES' HEALTH INSURANCE. – John C.**

- Health insurance medical plans and premiums comparisons have been presented by Triad Insurance Group.
- The Office Manager was asked if the staff has reviewed the plan and he reported that they have. They would get to keep their doctors and benefits with lower

costs.

A motion was made to accept the Health Net Option 1 as shown on page 3 of the Employee Benefit Proposal and that each employee should be reimbursed the first \$500.00 of medical expenses subject to submitting receipts.

**MOTION SECONDED AND PASSED**

**FOR – 9**

**AGAINST – 0**

**ABSTAINED – 0**

**B. DISCUSS ADDING PAYPAL AS AN OPTION TO RECEIVE DONATIONS – John C.**

- John reported that he reached out to PayPal and was informed that they have plans for non-profit organizations, more information pending.
- This new account would be for donations only and not for literature purchases. The revenue would be a separate line item on the monthly Operating Statement.
- A comment was made that a process must be developed to ensure that donations are being received from G.A. members only.
- It was suggested that a link be added to our website for this purpose.

A motion was made to accept PayPal for donations.

**MOTION SECONDED AND PASSED**

**FOR – 9**

**AGAINST – 0**

**ABSTAINED – 0**

**C. DISCUSS CHASE BANK CD MATURING IN NOVEMBER 2022. – John C.**

- It was reported that Citibank has an interest rate of 3% on a 6 month CD.

A motion was made move the Chase Bank CD to Citibank.

**MOTION SECONDED AND PASSED**

**FOR – 9**

**AGAINST – 0**

**ABSTAINED – 0**

**D. DISCUSS EMPLOYEE HOLIDAY OFFICE SCHEDULE AND POTENTIAL BONUSES.**

- A comment was made reminding the B.O.R. that generous pay raises were given for the period of July 1, 2022 – June 30, 2023.
- Several options were discussed regarding the number of additional days off and proposed dates.

A motion was made to give the I.S.O. employees two additional days off with pay, from December 22-23, 2022.

**MOTION SECONDED AND PASSED**

**FOR – 9**

**AGAINST – 0**

**ABSTAINED – 0**

*The two employees attending the meeting Israel and KC B., were asked to leave the meeting for the next discussion item.*

- A discussion was held regarding potential bonuses.
- No motion was made regarding bonuses. Discussion only.

*Israel and KC B. were invited back to the meeting.*

**E. REVIEW 2022 FALL CONFERENCE ITEMS THAT EFFECT THE ISO AND THE BOR.**

- Tabled until December 17, 2022, B.O.R. meeting.

**F. DISCUSS BOARD OF REGENTS ELECTION FOR JULY 1, 2023-JUNE 30, 2025.**

- The Chair reminded the B.O.R. that eligible members of Gamblers Anonymous could submit their name before February 1<sup>st</sup>, 2023, to be elected to serve on the B.O.R. from July 1, 2023-June 30, 2025.
- The Chair commended the current B.O.R. on the accomplishments this term and asked members to consider running again if they could.

**Number of people who called in to listen to the meeting: 1**

**Collected:\$100.00**

**Meeting ended with the Serenity Prayer at 11:42 A.M.**

**Next meeting will be December 17, 2022.**

**Respectfully submitted by Guy H., Secretary**