

Gamblers Anonymous Promises Committee Report (5-2-26)

Chair: Barb L., Trustee Area 8E

Overview

The Gamblers Anonymous Promises Committee continues its work in developing a meaningful and unified text that reflects the “Promises” of the Gamblers Anonymous Program. The goal is to create a set of Assurances that clearly communicate to every member what the program offers through active participation and recovery.

Mission Statement

To construct a version of the recovery “Promises” as Gamblers Anonymous Assurances, conceptualizing the life changes we have encountered in working the Gamblers Anonymous Program of Recovery.

Purpose and Objectives

The committee is focused on drafting language that:

- ▶ Reflects the real-life experiences of members in recovery
- ▶ Communicates hope, growth, and transformation
- ▶ Serves as a reminder to all members of the benefits of working the program
- ▶ Aligns with the principles and traditions of Gamblers Anonymous

Meeting Activity

2025: Several virtual meetings were held throughout the year
One in-person meeting took place during the Denver Trustee Meeting

2026: Seven virtual meetings have been conducted to date

For each virtual meeting, a formal agenda and reminder were distributed in advance to ensure structure, participation, and continuity of work.

Progress and Committee Work

The committee has engaged in ongoing discussions, drafts, and revisions aimed at developing language that resonates with the Gamblers Anonymous fellowship. Emphasis has been placed on clarity, inclusivity, and staying true to the spirit of recovery as experienced by members.

Conclusion

The committee has two first drafts of a GA Assurances document and will continue our work to refine them into a coherent inspirational message.

Respectfully Submitted,
Barb L., Trustee Area 8E
Chair, GA Promises Committee
Assistant Chair Intergroup Area 12
Secretary Ocean Virtual meetings