

Telephone Conference Call Committee Report Spring 2023 BOT Meeting

The Telephone Conference Call Committee and meeting administrators currently host 2 meetings a week: Wednesdays from 9-11 PM Eastern and Fridays from 3:00-4:00 PM Eastern. The phone number is 264-807-9601; the participant code is 9131957#

A reminder: The number of meetings was changed from 3 to 2 on July 1, 2022. The intention of increasing the meetings had been to offer options during the Covid quarantine, when physical meetings were not possible. Since the lifting of the quarantine and the increasing availability of physical meetings, it was determined that it was appropriate to return to the original vision of the Telephone Conference Call Committee.

The Wednesday night meeting is a comment meeting. Attendees who have 90 days or more of clean time are allowed to make up to three comments per meeting; those who give therapy are allowed to receive up to 3 comments.

Those who are new to the program and claim a desire to stop gambling are read the 20 Questions, either in the main room or in a newcomers room. The first quarter of 2023 saw a bit of an upswing in Wednesday night newcomers, sometimes seeing 4 or 5 on any given evening.

At the Friday afternoon meeting, newcomers are welcomed and read the 20 Questions following the meeting.

At both meetings, members with 90 days or more of clean time are encouraged to make comments sharing their experience, strength, and hope with the newcomer.

Attendance at the Wednesday night meeting ranges between 40-60 callers per meeting. On Fridays the range is from 25-40 callers. Attendees range from newcomers up to those who have 40 or more years of clean time.

The importance of attending a physical meeting if at all possible is stressed at each meeting. It is stated that telephone conference calls are not meant to replace physical meetings.

Those who would like help between meetings are urged to reach out to others using a list of volunteers who offer support, which is obtainable by email request. We are careful not to call those offering support as “sponsors”, as this relationship happens at physical meetings—another reason to make every effort to attend a physical meeting.

The US meetings use the same email address for all meetings: weeklycallhelp@gmail.com
We receive between 1 and 10 requests for assistance or information a day.

The US meetings are always interested in training additional moderators. Again, please contact the Committee Chair.

The Canada-wide meeting continues to meet three times per week. Canadian meetings are held on Tuesday, Friday and Sunday.

Moderators for these meetings have been trained by members of the Telephone Conference Call committee and their formats have been approved. These meetings are also included on the list found on the Trustee Website. (Meeting times are listed by the local time of the originating cities.)

A full list of Telephone Conference Call meetings and contact information can be found on the Trustee website.

Respectfully Submitted,
The Telephone Conference Call Committee