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## **Step 12, Exercise 2**

As the Combo book reminds us, the greatest challenge with which we will be faced is that of bringing about a character change within ourselves. This challenge **should be worked on immediately and continued throughout our lives**, through the study and practice of the Twelve Steps of Recovery.

After having worked all 12 Steps, ask yourself these questions:

1. **Am I still powerless over gambling?**
2. **Do I believe that a Power greater than myself can restore me to a normal way of thinking and living?**
3. **Have I made a decision to turn my will and my life over to the care of this Power of my own understanding?**
4. **Have I made a searching and fearless moral and financial inventory of myself?**
5. **Have I admitted to myself and another human being the exact nature of my wrongs?**
6. **Am I entirely ready to have these defects of character removed?**
7. **Have I asked my Higher Power to remove my shortcomings?**
8. **Have I made a list of all persons I have harmed?**
9. **Have I made amends to all the people on my list?**
10. **Have I continued to take personal inventory and, when I was wrong, promptly admitted it?**
11. **Have I improved my conscious contact with my Higher Power?**
12. **Am I carrying the message of recovery to other compulsive gamblers?**

If you answered "No" to any of the above, or if you have any doubts, please take this opportunity to look inside yourself and see what's holding you back. This exercise may help you to become more willing to commit to doing the work that will enable you to answer "Yes" to all of these questions.

Now, ask yourself and answer one more question:

**Am I willing to work the 12 Steps again, starting with Step 1?**